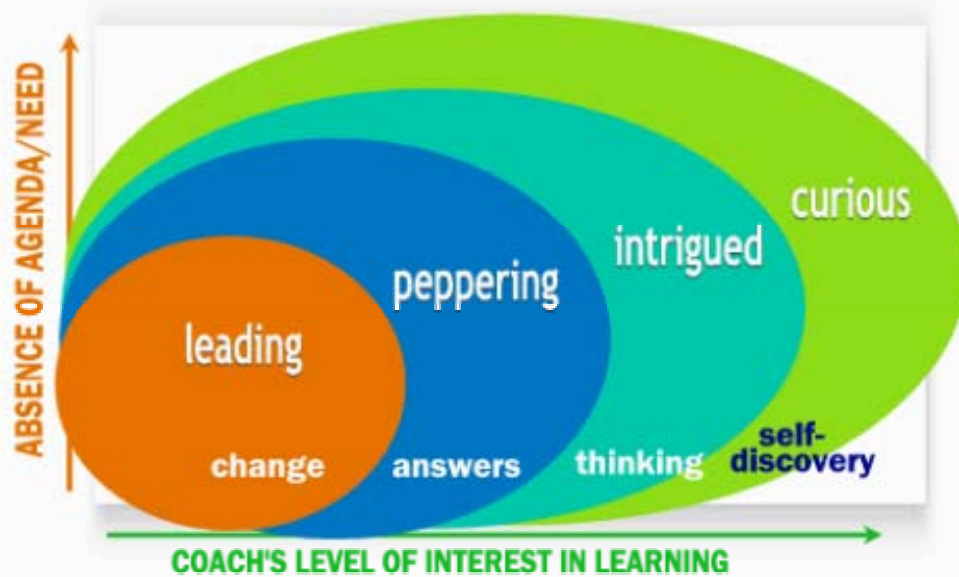


#6. Navigate via curiosity



When you are curious, the client discovers things about themselves or the situation -- just as you do as well. The first step is to accept what the client says and then be curious about it. Typically, coaches have a strong opinion about what they client says/is doing and they attempt to change or lead the client.

