

Life Coaching Evaluation

Our number one priority is “you”, our client. It is only through your honest and open feedback that we can continuously improve our services and learn and grow — to be the best life coaches we can be. We appreciate you taking the time to fill in this evaluation form and return it to us. Please use it as a guide and feel free to add anything you wish. Thank you.

What has been the greatest benefit life coaching with us has brought you? What outcomes have you achieved? _____

Have any of your initial expectations of the coaching process not been met? _____

How effective was your coach?



- | | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | My coach was a model for me on how to achieve. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I trusted my coach, completely. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | My coach always treated me with respect. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | My coach was rigorous and committed to my success. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | My coach was on time and present for all sessions. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | My coach was available between sessions. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Within a month of starting, I felt confident in my coach. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | My coach kept me focused, regardless. |

What do you feel your coach’s greatest strength is, and how has that supported you? What areas do you feel your coach could focus their growth on? _____

Do you have any comments on the structure of our coaching sessions? (i.e., more or less time, frequency, reviews, paperwork, face-to-face versus telephone) _____

What do you want most from our future partnership, and what would keep this process rewarding? _____

Do you have any other ideas, insights, or suggestions on ways to improve? _____

Summary



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|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | My coach was able to bring out my very best. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I received full value for the fees I paid. |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | I will refer other people to my coach. |

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