



# 12 Ways To Reach Your Goals

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## Work with an achievement partner.

*Reaching goals is easier with the synergy and support that a partner provides even if you are certain that you can reach the goal on your own.*

Strategy #1 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



## Orient your life around the goal.

*When you position the goals from being a spoke to being the hub of your life, the goal is easier to reach because it is fully supported and integrated.*

Strategy #2 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



## Tweak the goal so that it inspires.

*Is your goal merely interesting? Is it a should or could? Or even just exciting? Not really enough. Tweak the goal until it takes your breath away.*

Strategy #3 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



## Set your goal for a lifetime.

*Ask yourself: "What do I want to be true, not just for the next six months, but for rest of my life here on Earth? A lifetime creates a much larger game.*

Strategy #4 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



## Craft a goal-including vision.

*One way to reach a goal is to select a vision that is much larger than the goal. When you focus on the vision, the goal reaches itself. Simple.*

Strategy #5 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



### **Set goals that express your values.**

*Values-based goals are easier to achieve because the goals are expressions of what is already most important to you. Clarify values, then goals.*

Strategy #6 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



### **Eliminate delay in your life.**

*When you discover and eliminate procrastination, waiting, wondering, inertia and other blocks, you will find that all of your goals are reached faster.*

Strategy #7 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



### **Outsource or delegate the goal.**

*Who says that you have to reach your own goals? Why not cheat a bit and have someone else do the work for you. This is often a win-win. Duh.*

Strategy #8 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



### **Set intangible goals.**

*Often, people set tangible goals (money, lifestyle) when what they really want is to feel a certain way (free, happy, creative). Radically important.*

Strategy #9 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



### **Give up television for 90 days.**

*Television consumes time, diverts personal RAM, and zones you out. Turn off the TV and you will have much more time to reach your goals. Do it.*

Strategy #10 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



### **Go for a truly impossible goal.**

*And be comfortable that you may never achieve it. Meanwhile, you'll be reaching smaller goals all along the way - and building momentum as well.*

Strategy #11 from "101 Ways to Reach Your Goals" by Thomas J. Leonard



### **Increase your capabilities instead.**

*Which is more important: Focusing on a goal or adding capabilities and expanding capacities? The best goals can come from what you add. Hm.*

Strategy #12 from "101 Ways to Reach Your Goals" by Thomas J. Leonard